

Center For Lifelong Learning
Fall 2022 Course List (Alphabetical)
19 September - 10 November

Register Online at: cfl-fwb.org
 Class Registration starts on 9 September at 9:00am!!

Course	Instructor	Location	Day	Time	Additional Notes
15-Minute Daily Yoga with Friends	Nicole Blatt	Online	Mon-Fri	9:00 to 9:30	
Advanced Photography	James Eustace	UWF	Friday	10:15 to 11:45	
Backyard Astronomy	Tom Haugh	NWFSC Observatory	Monday	6:00 to 9:00 PM	
Ballet for Balance	Jackie Youngblood	Studio Fuzion	Wednesday	9:15 to 10:15	
Basic photography	James Eustace	UWF	Monday	10:15 to 11:45	
Basic Pottery - Oct 17 - Nov 7	Sherry Cooler	ADSO	Monday	1:00 to 4:00	\$40 supply fee
Basic Pottery – Sep 19 - Oct 10	Sherry Cooler	ADSO	Monday	1:00 to 4:00	\$40 supply fee
Braiding & Beading	Dennis Lauer	UWF	Thursday	10:15 to 2:30	
Card Sharks - Deal with It!	Dolores Noechel	Covenant Comm Church	Tuesday	1:00 to 2:30	
Chair Yoga	Annette Seda	Online	Friday	9:00 to 10:00	
Comparative Religions	Dolores Noechel	UWF	Wednesday	1:00 to 2:30	
Cooking with Chef Dan Pettis	Dan Pettis	One20 - A Modern Bistro	Monday	4:00 to 6:00	\$120 course dinner fee
Crime and Violence in America	Kathy Johnson	UWF	Thursday	1:00 to 2:30	
Curve Stitching: from Mathematics to Art	Dale Simmons	UWF	Wednesday	1:00 to 2:30	
Drones for Beginners	Billy Walker	UWF	Friday	8:30 to 10:00	
Easy Line Dance	Bunny Klein	Studio Fuzion	Monday	10:00 to 11:00	
Encaustics Plus - Sep 19 - Oct 10	Helen Harris	HH Arts	Monday	1:00 to 4:00	\$40 supply fee
Everyday Yoga for Everyone: Awaken	Ann Hoffman	On-line	Tues/Thurs	8:30 to 9:00	
Exercise for Flexibility and Balance	Jean Lee-Jackson	First Baptist Church FWB	Friday	10:30 to 12:00	
Financial Empowerment	Courtney Dollson	UWF	Wednesday	10:15 to 11:45	
Find and Share Your Family History	Margaret M Harris	UWF	Friday	10:15 to 11:45	
Foundations and Principles of the U.S. Constitution	Paul Wendel Brock	UWF	Tuesday	10:15 to 11:45	\$3.00 material fee
French for Conversation and Review	Christine Lanoue	Online	Monday	2:45 to 4:15	
Fundamentals of Investing	Nicholas Barlotta	UWF	Thursday	2:45 to 4:15	
Games Galore	Karen H. Lauer	Covenant Comm Church	Tuesday	10:15 to 11:45	
Golf 101	Floyd Clarkson	Palmar Pointe Golf Course	Monday	8:30 to 10:00	\$5 per session fee
Grand Tour of the Universe	Louis Cerrato	UWF	Tuesday	10:15 to 11:45	

Center For Lifelong Learning
Fall 2022 Course List (Alphabetical)
19 September - 10 November

Register Online at: cfl-fwb.org
 Class Registration starts on 9 September at 9:00am!!

Guide to Estate Planning for FL Residents	J. Mark Fisher	UWF	Thursday	10:15 to 11:45	\$15 materials fee
iLearn, iUnderstand, iPad	Dolores Noechel	UWF	Wednesday	10:15 to 11:45	
Improver Line Dance	Aggie Marler	Studio Fuzion	Monday	11:00 to 12:00	
Introduction to the Zentangle (R) Method	Shannon Flynn	Online	Wednesday	1:00 to 3:00	
iPhone Photography on Zoom	Nicole Blatt	Online	Monday	1:00 to 2:30	
Kindness Rocks - Rock Painting with Trish	Trish Rowe	ADSO	Wednesday	10:15 to 11:45	
Large Dog (30 lbs. or larger) Handling and Obedience	James Eustace	Combs Park, Shalimar	Tuesday	10:15 to 11:45	
Learn to Play Cribbage	Pete Seda	VFW	Tuesday	2:45 to 4:15	
Live Your Best Life - Intro and Renewal	Debbie Feldman	UWF	Monday	10:15 to 11:45	A \$5 fee is requested
Living Your Best Life In RELATIONSHIPS	Debbie Feldman	UWF	Monday	1:00 to 2:30	A \$5 fee is requested
Lose Weight by Changing your Mind	Holly Brelia	UWF	Wednesday	1:00 to 3:30	
Meeting Your Inner Metaphysician	Marie Seller	Emerald Waves Chiropractic	Friday	1:00 to 2:30	
Organize and Display Your Photos	Billy Walker	UWF	Friday	10:15 to 11:45	
Pickleball	Nicole Blatt	FWB Rec Center	Thursday	9:00 to 10:00	
Renaissance and Reformation	Dan Robison	UWF	Thursday	10:15 to 11:45	
Small Dog (less than 30 lbs.) Handling and Obedience	Margot Penner	Combs Park, Shalimar	Tuesday	10:15 to 11:45	
Storytelling/My Story	Lee Orr	UWF	Tuesday	10:15 to 11:45	
Supreme Court: Its History and Role	Dr. Marie Hallion	UWF	Thursday	1:00 to 2:30	
Tai Chi at Mathis Martial Arts	Kevin Mathis	Mathis Martial Arts	Tuesday	1:30 to 2:15	
Tap Dancing for Fun	Jackie Youngblood	Studio Fuzion	Wednesday	10:20 to 11:20	
The History Buildings Tell	Jean Paul Pentecouteau	UWF	Friday	2:45 to 4:15	
When Machines Fail	Robert Huffman	UWF	Tuesday	10:15 to 11:45	
Women of the Harlem Renaissance	Dr. Patricia Moran	UWF	Friday	1:00 to 2:30	
Yoga	Felicity Hall	Dragonfly Yoga	Wednesday	8:30 to 9:45	
Yoga Vinyasa for Beginners	Annette Seda	VFW	Thursday	9:30 to 10:30	
Yoga Wit Jacky	Jacky Huhn	Dragonfly Yoga	Tuesday	10:45 to 12:00	
Zumba Gold Seated Dance Fitness	Dawn Hamilton	Christian Life Center	Monday	11:00 to 12:00	
Zumba Gold with Sundry and Dawn	Sundry Keichel	First Baptist Church	Tuesday	9:00 to 9:45	

Website: CLL-FWB.org
 email: cfl-fwb@uwf.edu

Office: Univ West Florida (FWB Campus) Rm 461, Hrs:9:00-12:00 (during semester only)

Phone:(850)863-6548